

## Body Treatments

**Frigi Thalgo Wrap** 1 hour 60.00

(6 sessions 2 per week course: 5+1 Free)

A simple cold wrap effective in eliminating excess fluids and cellulite from the hip, thigh and tummy. Excellent for tired, heavy legs.

**High precision Shaping Treatment.** 1hour £70.00

High performance salon treatment designed to attack and dislodge cellulite and stubborn unwanted curves using professional techniques in 4 steps.

### “Mer & Sens” ( Hot and Cold Stone Relaxing Treatment)

Using volcanic stone, this unique technique treatment relaxes the body and mind. We can treat the face and the body .

**Face or Body** 1 hr 15 £70.00  
**Body and Face** 2 hr 30 £150  
**Back** 45mins £50.00

**Thalgo Micronized Marine Algae Wrap** 1hr £70.00

A wonderful natural treatment, rich in minerals, vitamins and trace elements. Helps relieve muscular fatigue, sluggish circulation increasing metabolism detoxification. Overall silhouette refining and de-toxifying.

**Marine Prelude** 1 hour £60.00

An intense exfoliating experience from top to toe. Using sea salts, minerals and marine mud from the bed of the sea, get fantastic smoothing results from this wonderful exotic body treatment.

**Polynesia body treatment** 1 hr 30 £75.00

Let your body unwind! A full body exfoliation followed by a professional massage using techniques from the Polynesian Islands and warm tuiponos, finishing with a Shimmering Sacred Oil. An intensely relaxing treatment.

**Indoecane body treatment.** 1 hr 30 £75.00

Ultimate Luxury, this treatment takes you on a journey incorporating influences from distant countries .Escape to the Mediterranean for the delicious combination of sweet and savoury in the smoothest exfoliation. Includes Exfoliation, Massage & Body Wrap.

**Cold Cream body ritual** 1 hour £70

This lipid replenishing treatment for dry to very dry skin sweeps you away with a nourishing body wrap and relaxing massage

**Guinot Techni firming or slimming wrap** 1 hour £70

Achieve visible slimming and firming results from the very first treatment. Using an in-depth massage combined with carefully formulated serums and a unique body wrap technique, these specially designed manual treatment visibly reduces the appearance of cellulite and restore skins firmness.

## Caci—Non Surgical Lifting

Get the perfect body and bottom without going to the gym Try a course of 8 to10 sessions that are designed for you and your bodies needs.

Facial with Hexapeptides 1hr £50.00  
 Super facial with Hexapeptides 1½hrs £70.00  
 Eye with Hexapeptides 30min £35.00  
 Fantastic Quick Fix Collagen Mask 30mins £35.00  
 Jowl lift - Quad probes which targets muscles in the jaw area. £30.00 35mins

**Body**  
 Slim & Tone 20min £37.00  
 Lymphatic Drainage 30min £40.00  
 Bottom Lift 20min £25.00  
 Arm 15min £12.50

## *Centre of Excellence*

### *Hair Price List*

S/S or B/W (Long hair extra) From £27.00 £35.00 £38.00

Comb ups From £10.50 £18.00 £22.00

Longhair dressing From £30.00 £45.00 £48.00

Bridal hair trial and treatment By quotation

Trimming From £22.00 £26.00 £28.00

Wet cut From £25.00 £30.00 £32.00

Re-Style Cutting From £30.00 £35.00 £40.00

Kérastase rituals From £13.00 to £30.00

Discipline From £15.00-£35.00

### Expert Colouring and Chemical Treatments

Virgin head & colour correction By quotation

Semi-permanent colour From £60.00 £65.00 £72.00

Re-growth tints From £60.00 £65.00 £72.00

Flash & section colours From £12.00 to £20.00

High lights & texturing From £80.00 £95.00 £100.

Front & crown From £55.00 £65.00 £75.00

Bleach and toner From £80.00 £95.00 £100.

Forme/Texture Perming From £85.00 £95.00 £100

Crown section + root form From £65.00 £70.00 £80.00

X-tenso From £60.00 £70.00 £75.00  
 (exquisite control of hair)

Kerasilk smoothing treatment From £140 £140 £140

Gentleman cut and finish From £20.00 £22.00 £25.00

Gentleman Homme tones From £10 to £18.00

### Award Winning Centre of Excellence

**“An Aladdin’s cave , one stop shop with many things to excite you.”**

**Exquisite lingerie swimwear and hosiery.**

**Ask for our advice and private measuring service  
 Designer gifts silver jewellery, semi-precious stones, bags,  
 toiletries and cosmetics by**

***Mayala, Guinot, Thalgo, St Tropez***

**Beautiful Cashmere, Silk & Wool Pashminas**

**Gift Vouchers.**

**Would you like to be on our mailing list ?**

**Also find us on Facebook & Instagram**

**24hr Cancellation Fee may be charged.**

# *Ernie Clark*

## *Creative Hair Design*

### *& Beauty Spa*



*26 /c Burnett Road,  
 Streethy,  
 Sutton Coldfield,  
 B74 3 EJ.*

*Phone 0121 353 9588*

*Email: ernie@ernieclark.co.uk*

*Website: www.ernieclark.co.uk*

Tuesday 9:00 — 6:00  
 Wednesday 9:00 — 6:00  
 Thursday 9:00 — 6:00  
 Friday 9:00 — 6:00  
 Saturday 8:00 — 4:00

**Facebook: Ernie Clark Hair and Beauty Spa  
 Instagram: ernieclarkhairbeauty**



**Our professional Beauty Therapist will help to prepare you for that special occasion.**

**Remember to ask for our Special Tailored Courses and Packages For men and women.**

<b>Make-up</b>		<b>Hopi ear candle</b>	£20.00
Make-up day or evening Wedding packages available	<b>£32.00</b>	<b>Manicure /Pedicure</b>	
<b>St Tropez spray tanning</b>			
St Tropez spray tan by our therapist	£20.00	Manicure Classic	<b>£27.00</b>
Exfoliate only (inc shower)	<b>£21.00</b>	Re-Varnish hands or feet	<b>£13.00</b>
<b>SENSITIVITY TEST</b>			
<b>Required 24hrs prior to treatment</b>			
<b>Microblading-our specialist</b>	<b>£260</b>	<b>Bio sculpture nail treatments</b>	
<b>£60 booking fee</b> Includes first maintenance		<b>Protection for your natural nails</b>	
<b>Six month maintenance</b>	<b>£80.00</b>	Clear or Colour gel coat overlay on to the natural nail to strengthen & protect nails	<b>£42.00</b> 1hr
<b>Fantastic 3D lash extensions</b>			
<b>3D lash extensions</b>	£50.00	Soak off & re-gel	<b>£42.00</b>
Maintenance 2/3 weeks	<b>£30.00</b>	Soak off and Re-varnish (File, Massage, Paint)	<b>£20.00</b>
		Gel Toes Pedicure and a colour gel of your choice.	<b>£50.00</b> 1½ hrs
Eye brow shaping/wax	<b>£10.50</b>	Bio Sculpture extensions of your nail using a unique technique of just gel's	From <b>£52.50</b> 1 ¼ hrs
Eye brow tint & shape	<b>£16.00</b>	Repairs (per nail )	<b>£3.50</b>
Eye lash tinting	<b>£16.00</b>	<b>Massage &amp; Holistic Therapy</b>	
Eye lash and brow tinting	<b>£26.50</b>	Full Body Massage	<b>£56.00</b>
<b>Waxing</b>			
Full Leg	<b>£32.00</b>	Back & Neck Massage	<b>£30.00</b>
Half Leg	<b>£20.00</b>	Indian Head Massage - (Head, neck, shoulders, arms and face)	<b>£30.00</b>
Bikini	<b>£15.00</b>	Pregnancy Pampering Please ask we will create a special package for you.	
<b>Brazilian/Hollywood</b>	<b>From £30</b>	<b>The Wet Room</b>	
underarm	<b>£12.60</b>	All private facilities for showering sauna and steam when not included intreatments	
Forearm	<b>£18.00</b>	Sauna /Steam Cabinet	<b>£10.50</b>
Lip or chin	<b>£10.50</b>	<b>Consultation for health reason needed</b>	
<b>Electrolosis</b>			
<b>5 Minute</b>	£10.00		
<b>10 Minute</b>	£15.00		
<b>15 Minute</b>	£20.00		

## *Guinot*

Guinot was the first to create skin care products containing 56 active biological ingredients fundamental to cellular life. In a hospital environment, these actives are able to create new skin in serous burn cases.

The Hydraderm Advanced Complexion Rejuvenating & Lifting treatment uses a combination of *Dynamic Ionisation, Thermal Energy and Lifting Stimulation*. Guinots patented technology will allow you to achieve visible, clinically proven results after just one treatment. *The Alternative to Aesthetic Medicine!*  
We recommend a course of treatments to really see the results of cellular revealing a brighter & more youthful complexion.

<b>Hydraderm Cellular Energy</b>	<b>1hr</b>	<b>£70.00</b>
This treatment uses specific serums to treat the face, eyes, neck and décolleté and is tailored to your skins required needs. Brightening, Nourishing, Hydrating, Calming, Balancing, Anti Ageing, Pre Holiday, and <b>The Queen of all Age Logic.</b> (focuses on the eyes, neck, face and décolleté to target signs of ageing)		
	<b>15mins</b>	
	<b>1hr</b>	<b>£80.00</b>
	<b>15mins</b>	
<b>Hydraderm Eye Logic</b>	<b>40mins</b>	<b>£62.00</b>

Proven to reduce the appearance of fine lines & wrinkles after one treatment. It decongests eye area, reducing puffiness & dark circles.

<b>Hydraderm Cellular Energy Lift</b>	<b>1hr</b>	<b>£70.00</b>
<i>The Advanced Complexion Lifting Treatment</i>		
We can't fight against time, but we can reduce the effects of time on the skin. This effective lifting treatment stimulates the facial muscles using a low frequency current which causes a toning action, stimulating the muscle fibres in the skin leaving a smoother, firmer and more youthful appearance to the complexion.		
	<b>15mins</b>	

<b>Hydraderm Cellular Energy Lift Deluxe</b>	<b>1hr</b>	<b>£120.00</b>
The deluxe anti ageing treatment combining both Hydraderm Age Logic and Hydraderm Cellular Energy Lift making this the ultimate treatment for rejuvenating and anti aging results, being the alternative to aesthetic surgery.		
	<b>45mins</b>	

<b>Hydraderm Lift Express</b>	<b>40 mins</b>	<b>£55.00</b>
For those in a hurry and need quick results, this treatment including cleanse, tone, exfoliation and muscle stimulation restoring a youthful tone to the complexion.		

<b>Back Hydraderm (A great favourite with men)</b>	<b>1 hour</b>	<b>£56.00</b>
Decongesting , it improves texture of the skin gently easing the strain from tense muscles and hard to reach areas on the back.		

<b>Age Summum (Manual Facial)</b>	<b>1hr</b>	<b>£80.00</b>
The Ultimate Manual Anti-Ageing treatment. Using pure Vitamin C, Hyluronic Acid and Pro-Collagen to target signs of aging. Active ingredients are penetrated into the skin using an exclusive Age Summum anti-ageing facial massage. Fine lines and wrinkles are smoothed and the skins youthful radiance is restored.		
	<b>15mins</b>	

<b>Liftosome Energy Treatment (Manual Facial)</b>	<b>1hr</b>	<b>£59.00</b>
Using a high concentrate of vitamin C, the setting hot mask enables the firming cream to be absorbed, strengthening elasticity and firmness whilst stimulating cellular renewal.		

<b>Hydra Peeling (Manual Facial)</b>	<b>1 hr</b>	<b>£75.00</b>
A unique treatment with outstanding results after just one treatment. The complexion is more radiant, luminous and even-toned whilst skin feels softer and smoother. This treatment is available in two different variations prescribed on level of skin sensitivity. This cosmetic peel using Phytic Acid is far more comfortable than a medical peel, yet still provides outstanding and instantly visible results. <i>24hr skin test required. The treatment is suitable for all skin types and ages.</i>		

<b>Hydraclean (express facial)</b>	<b>30mins</b>	<b>£30.00</b>
An heated electrode is passed over the face to help the penetration of serum. Fantastic deep cleansing express treatment suitable for all skin types.		

**For best results courses are recommended with all our facials.**

## *Thalgo*

Thalgo Charter Paraben, Mineral Oil and Propylene Glycol Free. No GMO (Genetically modified organisms) No animal by products (except bees wax)

<b>Renovation Radical MCEUTIC</b>	<b>1 hour</b>	<b>£63.00</b>
The first mceutic correction solution which targets the causes of blemishes & irregularities. Reduces marks and scars. Also tightens pores and a skin has a finer texture that looks clearer and brighter.		
	<b>30mins</b>	<b>£44.00</b>

<b>Collagen Smooth &amp; Fill Facial</b>	<b>1 hour</b>	<b>£63.00</b>
Give your skin a Collagen boost and correct the signs of ageing. An intense exfoliation to smooth the skin and allow optimum penetration of the active ingredients. While the mask takes effect you'll enjoy a relaxing hand and arm massage.		

<b>Hyaluronic Filler Facial</b>	<b>1 hour</b>	<b>£63.00</b>
Filling facial designed for age 35+ an expert anti-ageing massage lifts the features, Targeted strips infused with Hyaluronic Acid Microspheres are applied areas of concern to plump out lines and reduce their appearance.		

<b>Silicium Super-Lift Facial</b>	<b>1 hour</b>	<b>£70.00</b>
Dare to defy time with this super lift facial designed to combat all the signs of ageing 40+ An expert anti-ageing massage lifts the features before a super-lifting mask is applied to fill deeper lines and lift and contour the face and neck. Your complexion will glow , lines will be less noticeable and your skin firmer.		
	<b>15 mins</b>	

<b>Ultimate time solution Facial</b>	<b>1 hour</b>	<b>£90.00</b>
An intensive facial using Thalgo's exceptional range specifically designed for more mature skin. This fabulous facial combines a unique blend of natural cellulose masks and massage techniques to treat moisture deficiency and tackle signs of ageing.		
	<b>30 mins</b>	

<b>Heart of the Ocean Facial</b>	<b>1 hour</b>	<b>£59.00</b>
Concentrates the vital force and benefits of the oceans to help restore perfect skin quality, delivering intense and lasting hydration. A serum packed with active marine ingredients is applied with Thalgo's Heart of the Ocean massage, recreating the rhythmic motions of the sea to relax the facial muscles and relieve tension in the arms, shoulders and neck.		

<b>3 Algae Facial</b>	<b>1 hour</b>	<b>£59.00</b>
Signature facial. The skin is cleansed and exfoliated following a pure natural seaweed mask. Leaving your complexion soft, radiant and beautiful.		

<b>Illuminating Radiance Facial</b>	<b>30mins</b>	<b>£30.00</b>
The perfect express facial. An instant infusion of marine active ingredients The application of Absolute Radiance Concentrate to the face and neck awakens the skin and the treatment is finished with a skin-type appropriate cream, leaving the complexion fresh and glowing with radiance. Suitable for all skin types.		

<b>Electronic Massage Eye Mask.</b>	<b>30mins</b>	<b>£30.00</b>
Relieves muscular tension, relaxes fine lines, reduces puffiness and dark circles. Can be combined with other treatments. Instant radiance after 1 treatment.		