### Let's welcome autumn

The academic year has started and here we go half term  $(28^{th} \text{ October} - 1^{st} \text{ November})$ . Are you taking a holiday?

Let's start to plan your treats and requirements for extra holidays, parties, celebrations and the little black dress.

Have you an action plan, hair, skin, body what's you priority?

### Kerastase

We have a fabulous new scalp treatment. Adding to our rituals. Energising salt scrub for an oily prone scalp

Soothing gel scrub for a sensitive scalp

A choice of oils:

Relaxing - Sandalwood

Refreshing - Peppermint

Invigorating - Ginger

A wonderful treatment to experience with the selective complimentary fusio dose.

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### Body experiences to rejuvenate top to toe:

<u>Polynesia Ritual</u> - Sensory getaway to the idyllic islands of the Pacific, for a sensation of absolute relaxation

<u>Indoceane Ritual</u> - Dream of serenity on a journey to the Far East, to harmonise the body and calm the mind

<u>Mervielle Artique</u>- Glorious experience created by bringing together heat and cold, for deep relaxation

<u>Joyaux Atlantique-</u> Like the Ocean, this powerful, rhythmic massage helps revitalise the flow to radiate positive energy and drive away negative energy.

# Facials to excite you in Guinot, Thalgo and Cyro!

What is your home care routine?

How often do you treat yourself to a facial?

Would you like more advice on what we could do for you?

# Facials of the month

Guinot Age Summum - The Ultimate Manual Anti-Ageing treatment.

# Was £80 Now £70

Active ingredients are penetrated into the skin using an exclusive Age Summum anti-aging facial massage. Fine lines and wrinkles are smoothed and the skins youthful radiance is restored.

Thalgo Exceptional Marine Manual Lifting Facial.

# Was £90 Now £75

The "manual facelift" treatment that targets and tightens individual facial muscles and visually lifts the entire face.









We are here to guide you in the way of treatments and products that are suitable for your personal needs.

### **Dietary regime**

Superb results with Thalgo slimming kits, is it time to give yourself a boost?

Choose from Activ Draining Duo, Light Legs Duo or Activ Detox Duo or 2 of any other nutritional products and receive a free Thalgo detox water bottle. (Subject to availability)



# Therapist led refining treatment Cryo 21.

(These treatments can be complimented by Guinot and Thalgo)

Cryo21 Adipose tissue or fat is a term for loose connective tissue composed of adipocytes.

Its role is to store energy in the form of fat and also cushions and insulates.

This treatment will help to achieve tone and definition. It works by creating a thermal shock to permanently remove the fat cells via a process called 'apoptosis'. The body naturally does this all the time. With Cryo we speed this process to get immediate results.

Fat cell reduction is eliminated by the human body through the liver, the gastrointestinal tract and the lymphatic system in the next 14 to 20 days.

Fat Freeze can only be done every 2 weeks. All other treatments are arranged by your consultant. Courses and costs are designed for your individual plans.







Results from Evie Clark Hair and Beauty Spa, after just 4 treatments.

# **Fabulous hand and feet treatments** Look out for special days.

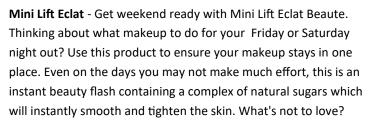
Mavala classic Manicure and pedicure. Come and celebrate Mavala 60<sup>th</sup> Birthday. Paraffin wax helps sore joints for hands and feet as well as really conditioning skin. Bio sculpture the kindest system or gel nails no buffing just paint and go. No waiting for polish to dry.

We have covered hair, body, face, refining treatments, soothing, relaxing, hand care now **Eyes.** Eyelashes and eyebrow tinting, eyelash perming, adding semi-permanent lashes **WOW.** Eye treatments to lift and brighten.

Now on to the beautiful accessories, umbrellas jewellery wraps bags etc come and explore.

# 'Evie's Quick Fixes' you need to know about!

Brume Hydra Beaute (Hydration Mist) - As the seasons transition and the weather acts erratically, pop Brume Hydra Beaute in your hand bag to ensure your skin remains hydrated at all times. Instantly refreshes. This product can be used under or over makeup.





**Crème Hydra Finish** - We are finding Crème hydra Beaute

to be a perfect every day product! Not only does the skin benefit from the hydrating Mallow Extract, the cream adapts perfectly to different skin tones. Upon application it beautifies the skin providing an instant, radiant glow to enhance your complexion.

We don't want to mention the advancing season but we have some fabulous saving in gift sets for yourselves or others. This way we can complete with the internet.

Now for the dreaded word Christmas

Schools will break up 20<sup>th</sup> December until 6<sup>th</sup> January 2020

We will be open Monday 23<sup>rd</sup> and Tuesday 24<sup>th</sup> December to prepare for Christmas. Re-open Monday 30<sup>th</sup> and Tuesday close for new year. Welcome and start business for 2020 Friday 3<sup>rd</sup> January



Beauty Spa



26 /c Burnett Road

Sutton Coldfield

Thone 0121 353 9588

Email: evie@evieclark.co.uk

Facebook: Evic Clark Hair and Beauty Spa

Instagram: evieclarkhairbeauty

Google Street View







