

## Body Treatments

**Frigi Thalgo Wrap** 1 hour £60.00  
(6 sessions 2 per week course: 5+1 Free)  
A simple cold wrap effective in eliminating excess fluids and cellulite from the hip, thigh and tummy. Excellent for tired, heavy legs.

**Body Sculpting Treatment (Fantastic Results)** 45 Mins £45.00  
The first professional Slimming Treatment to attack 6 problematic zones using a patented innovation, Body Palp. We design the treatment to suit your body's needs. Results after 3 sessions. Ask for your assessment. 3 Zones each time.

**"Mer & Sens" ( Hot and Cold Stone Relaxing Treatment)**  
Using volcanic stone, this unique technique treatment relaxes the body and mind. We can treat the face and the body .  
**Face or Body** 1 hr 15 £70.00  
**Body and Face** 2 hr 30 £150  
**Back** 45mins £50.00

**Thalgo Micronized Marine Algae Wrap** 1hr £70.00  
30mins  
A wonderful natural treatment, rich in minerals, vitamins and trace elements. Helps relieve muscular fatigue, sluggish circulation increasing metabolism detoxification. Overall silhouette refining and de-toxifying.

**Polynesia Body Ritual** 1 hr 30 £75.00  
Let your body unwind! A full body exfoliation followed by a professional massage using techniques from the Polynesian Islands and warm tuiponos, finishing with a Shimmering Sacred Oil. An intensely relaxing treatment.

**Indoceane Body Ritual** 1 hr 30 min £75.00  
Ultimate Luxury, this treatment takes you on a journey incorporating influences from distant countries .Escape to the Mediterranean for the delicious combination of sweet and savoury in the smoothest exfoliation. Includes Exfoliation, Massage & Body Wrap.

**Merveille Arctique Body Ritual** 2 hour £80  
This stunning sensory experience consists of alternating hot and cold full body exfoliation and massage. Using Korean and Swedish techniques. This thermal alternation contributes as much to energising the body as to relaxing it., improves blood circulation and activating the lymphatic system to eliminate toxins. Also releases endorphins a well being hormone .

**Guinot Techni firming or slimming wrap** 1 hour £70  
Achieve visible slimming and firming results from the very first treatment. Using an in-depth massage combined with carefully formulated serums and a unique body wrap technique, these specially designed manual treatment visibly reduces the appearance of cellulite and restore skins firmness.

**Jovaux Atlantic Spa Ritual (COMING SOON FEB 2019)**  
A sensorial journey to beaches, home to the myriad colours of the Atlantic, the body's vital energy is restored with the power of marine stones and energising precious algae.

## Caci—Non Surgical Lifting

Get the perfect body and bottom without going to the gym Try a course of 8 to10 sessions that are designed for you and your bodies needs.

Facial with Hexapeptides	1hr	£50.00
Super facial with Hexapeptides	1½hrs	£70.00
Eye with Hexapeptides	30min	£35.00
Fantastic Quick Fix Collagen Mask	30mins	£35.00

## *Centre of Excellence*

### Hair Price List

S/S or B/W (Long hair extra)	From	£27.00	£35.00	£38.00
Comb ups	From	£10.50	£18.00	£22.00
Longhair dressing	From	£30.00	£45.00	£48.00
Bridal hair trial and treatment By quotation				
Trimming	From	£22.00	£26.00	£28.00
Wet cut	From	£25.00	£30.00	£32.00
Re-Style Cutting	From	£30.00	£35.00	£40.00
Kérastase rituals	From	£13.00	to £30.00	
Discipline	From	£15.00-£35.00		

### Expert Colouring and Chemical Treatments

#### **Virgin head & colour correction By quotation**

Semi-permanent colour	From	£60.00	£67.00	£72.00
Re-growth tints	From	£60.00	£67.00	£72.00
Flash & section colours	From	£12.00 to £20.00		
High lights & texturing	From	£80.00	£95.00	£100.
Front & crown	From	£55.00	£65.00	£75.00
Bleach and toner	From	£80.00	£95.00	£100.
Forme/Texture Perming	From	£85.00	£95.00	£100
Crown section + root form	From	£65.00	£70.00	£80.00
X-tenso (exquisite control of hair)	From	£60.00	£70.00	£75.00
Kerasilk smoothing treatment	From	£140	£140	£140
Gentleman cut and finish	From	£20.00	£22.00	£25.00
Gentleman Homme tones	From	£10 to £18.00		

### Award Winning Centre of Excellence

**"An Aladdin's cave , one stop shop with many things to excite you."**

**Exquisite lingerie swimwear and hosiery.**  
**Ask for our advice and private measuring service**  
**Designer gifts silver jewellery, semi-precious stones, bags, toiletries and cosmetics by**  
***Mavala, Guinot, Thalgo, St Tropez***  
**Beautiful Cashmere, Silk & Wool Pashminas**  
**Gift Vouchers.**

**Would you like to be on our mailing list ?**  
**Also find us on Facebook & Instagram**  
**24hr Cancellation Fee may be charged.**

*Ernie Clark*  
*Creative Hair Design*

*&*  
*Beauty Spa*



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Tuesday	9:00 — 6:00
Wednesday	9:00 — 6:00
Thursday	9:00 — 6:00
Friday	9:00 —
Saturday	6:00

**Facebook: Ernie Clark Hair and Beauty Spa**  
**Instagram: [ernieclarkhairbeauty](https://www.instagram.com/ernieclarkhairbeauty)**



**Our professional Beauty Therapist will help to prepare you for that special occasion.**

**Remember to ask for our Special Tailored Courses and Packages For men and women.**

<b>Make-up</b>		<b>Hopi ear candle</b>	£20.00
Make-up day or evening Wedding packages available	<b>£32.00</b>	<b>Manicure /Pedicure</b>	
<b>St Tropez spray tanning</b>			
St Tropez spray tan by our therapist	£20.00	Manicure Classic	<b>£28.00</b>
Exfoliate only (inc shower)	<b>£21.00</b>	Re-Varnish hands or feet	<b>£13.00</b>
<b>SENSITIVITY TEST</b>			
<b>Required 24hrs prior to treatment</b>			
<b>Please ensure with any eye treatments to come with no eye makeup on as this will effect your treatment time.</b>			
<b>Microblading-our specialist</b>	<b>£260</b>	<b>Bio sculpture nail treatments</b>	
<b>£60 booking fee</b>		<b>Protection for your natural nails</b>	
<b>Includes first maintenance</b>		Clear or Colour gel coat overlay on to the natural nail to strengthen & protect nails	<b>£42.00</b> 1hr
<b>Six month maintenance</b>	<b>£100</b>	Soak off & re-gel	<b>£42.00</b>
<b>3D lash extensions</b>	£50.00	Soak off and Re-varnish (File, Massage, Paint)	<b>£20.00</b>
Maintenance 2/3 weeks	<b>£30.00</b>	Gel Toes Pedicure and a colour gel of your choice.	<b>£50.00</b> 1½ hrs
<b>Bio Sculpture nail treatments</b>			
<b>Protection for your natural nails</b>			
		Bio Sculpture extensions of your nail using a unique technique of just gel's	<b>From £52.50</b> 1 ¼ hrs
Eye brow shaping/wax	<b>£10.50</b>	Repairs (per nail)	<b>£3.50</b>
Eye brow tint & shape	<b>£16.00</b>	<b>Massage &amp; Holistic Therapy</b>	
Eye lash tinting	<b>£16.00</b>	Full Body Massage	<b>£60.00</b>
Eye lash and brow tinting	<b>£26.60</b>	Back & Neck Massage	<b>£30.00</b>
Lash Lift and Tint	<b>£40</b>	Indian Head Massage - (Head, neck, shoulders, arms and face)	<b>£30.00</b>
Henna Brow Tint (Hair only)	<b>£18</b>	<b>Massage &amp; Holistic Therapy</b>	
Brow Reshape Henna (Skin/Hair)	<b>£30</b>	Pregnancy Pampering	Please ask we will create a special package for you.
Lash Lift + Henna Brows	<b>£50</b>	<b>The Wet Room</b>	
<b>Please ask for more information</b>			
<b>Waxing</b>			
Full Leg	<b>£32.00</b>	<b>All private facilities for showering sauna and steam when not included in treatments</b>	
Half Leg	<b>£20.00</b>	Sauna /Steam Cabinet	<b>£10.50</b>
Bikini	<b>£15.00</b>	<b>Consultation for health reason needed</b>	
<b>Brazilian/Hollywood</b>	<b>From £30</b>		
underarm	<b>£12.60</b>		
Forearm	<b>£18.00</b>		
Lip or chin	<b>£10.50</b>		
<b>Electrolysis</b>			
<b>5 Minute</b>	£10.00		
<b>10 Minute</b>	£15.00		
<b>15 Minute</b>	£20.00		

## *Guinot*

Guinot was the first to create skin care products containing 56 active biological ingredients fundamental to cellular life. In a hospital environment, these actives are able to create new skin in serous burn cases.

The Hydraderm Advanced Complexion Rejuvenating & Lifting treatment uses a combination of *Dynamic Ionisation, Thermal Energy and Lifting Stimulation*. Guinots patented technology will allow you to achieve visible, clinically proven results after just one treatment. *The Alternative to Aesthetic Medicine!*  
We recommend a course of treatments to really see the results of cellular revealing a brighter & more youthful complexion.

<b>Hydraderm Cellular Energy</b>	<b>1hr</b>	<b>£70.00</b>
This treatment uses specific serums to treat the face, eyes, neck and décolleté and is tailored to your skins required needs. Brightening, Nourishing, Hydrating, Calming, Balancing, Anti Ageing, Pre Holiday, and		
<b>The Queen of all Age Logic.</b>	<b>1hr</b>	<b>£80.00</b>
(focuses on the eyes, neck, face and décolleté to target signs of ageing)		

<b>Hydraderm Eye Logic</b>	<b>40mins</b>	<b>£62.00</b>
Proven to reduce the appearance of fine lines & wrinkles after one treatment. It decongests eye area, reducing puffiness & dark circles.		

<b>Hydraderm Cellular Energy Lift</b>	<b>1hr</b>	<b>£70.00</b>
<i>The Advanced Complexion Lifting Treatment</i>		
We can't fight against time, but we can reduce the effects of time on the skin. This effective lifting treatment stimulates the facial muscles using a low frequency current which causes a toning action, stimulating the muscle fibres in the skin leaving a smoother, firmer and more youthful appearance to the complexion.		

<b>Hydraderm Cellular Energy Lift Deluxe</b>	<b>1hr</b>	<b>£120.00</b>
The deluxe anti ageing treatment combining both Hydraderm Age Logic and Hydraderm Cellular Energy Lift making this the ultimate treatment for rejuvenating and anti aging results, being the alternative to aesthetic surgery.		

<b>Hydraderm Lift Express</b>	<b>40 mins</b>	<b>£55.00</b>
For those in a hurry and need quick results, this treatment including cleanse, tone, exfoliation and muscle stimulation restoring a youthful tone to the complexion.		

<b>Back Hydraderm (A great favourite with men)</b>	<b>1 hour</b>	<b>£56.00</b>
Decongesting , it improves texture of the skin gently easing the strain from tense muscles and hard to reach areas on the back.		

<b>Age Summum (Manual Facial)</b>	<b>1hr</b>	<b>£80.00</b>
The Ultimate Manual Anti-Ageing treatment. Using pure Vitamin C, Hyluronic Acid and Pro-Collagen to target signs of aging. Active ingredients are penetrated into the skin using an exclusive Age Summum anti-aging facial massage. Fine lines and wrinkles are smoothed and the skins youthful radiance is restored.		

<b>Lifosome Energy Treatment (Manual Facial)</b>	<b>1hr</b>	<b>£59.00</b>
Using a high concentrate of vitamin C, the setting hot mask enables the firming cream to be absorbed, strengthening elasticity and firmness whilst stimulating cellular renewal.		

<b>Hydra Peeling (Manual Facial)</b>	<b>1 hr</b>	<b>£75.00</b>
A unique treatment with outstanding results after just one treatment. The complexion is more radiant, luminous and even-toned whilst skin feels softer and smoother. This treatment is available in two different variations prescribed on level of skin sensitivity. This cosmetic peel using Phytic Acid is far more comfortable than a medical peel, yet still provides outstanding and instantly visible results. <i>24hr skin test required.</i> <i>The treatment is suitable for all skin types and ages.</i>		

<b>Hydraclean (express facial)</b>	<b>30mins</b>	<b>£30.00</b>
An heated electrode is passed over the face to help the penetration of serum. Fantastic deep cleansing express treatment suitable for all skin types.		

**For best results courses are recommended with all our facials.**

## *Thalgo*

Thalgo Charter Paraben, Mineral Oil and Propylene Glycol Free. No GMO (Genetically modified organisms) No animal by products (except bees wax)

<b>Renovation Radical MCEUTIC</b>	<b>1 hour</b>	<b>£63.00</b>
The first mceutic correction solution which targets the causes of blemishes & irregularities. Reduces marks and scars. Also tightens pores and a skin has a finer texture that looks clearer and brighter.		
	<b>30mins</b>	<b>£44.00</b>

<b>Collagen Smooth &amp; Fill Facial</b>	<b>1 hour</b>	<b>£63.00</b>
Give your skin a Collagen boost and correct the signs of ageing. An intense exfoliation to smooth the skin and allow optimum penetration of the active ingredients. While the mask takes effect you'll enjoy a relaxing hand and arm massage.		

<b>Hyaluronic Filler Facial</b>	<b>1 hour</b>	<b>£63.00</b>
Filling facial designed for age 35+ an expert anti-ageing massage lifts the features, Targeted strips infused with Hyaluronic Acid Microspheres are applied areas of concern to plump out lines and reduce their appearance.		

<b>Silicium Super-Lift Facial</b>	<b>1 hour</b>	<b>£70.00</b>
Dare to defy time with this super lift facial designed to combat all the signs of ageing 40+ An expert anti-ageing massage lifts the features before a super-lifting mask is applied to fill deeper lines and lift and contour the face and neck. Your complexion will glow , lines will be less noticeable and your skin firmer.		
	<b>15 mins</b>	

<b>Exceptional Facial</b>	<b>1 hour</b>	<b>£90.00</b>
An intensive facial using Thalgo's exceptional, redefining range specifically designed for more mature skin. This fabulous facial combines a unique blend of natural cellulose masks and massage techniques to treat moisture deficiency and tackle signs of ageing.		
	<b>30 mins</b>	

<b>Heart of the Ocean Facial</b>	<b>1 hour</b>	<b>£59.00</b>
Concentrates the vital force and benefits of the oceans to help restore perfect skin quality, delivering intense and lasting hydration. A serum packed with active marine ingredients is applied with Thalgo's Heart of the Ocean massage, recreating the rhythmic motions of the sea to relax the facial muscles and relieve tension in the arms, shoulders and neck.		

<b>3 Algae Facial</b>	<b>1 hour</b>	<b>£59.00</b>
Signature facial. The skin is cleansed and exfoliated following a pure natural seaweed mask. Leaving your complexion soft, radiant and beautiful.		

<b>Illuminating Radiance Facial</b>	<b>30mins</b>	<b>£30.00</b>
The perfect express facial. An instant infusion of marine active ingredients The application of Absolute Radiance Concentrate to the face and neck awakens the skin and the treatment is finished with a skin-type appropriate cream, leaving the complexion fresh and glowing with radiance. Suitable for all skin types.		

<b>Electronic Massage Eye Mask.</b>	<b>30mins</b>	<b>£30.00</b>
Relieves muscular tension, relaxes fine lines, reduces puffiness and dark circles. Can be combined with other treatments. Instant radiance after 1 treatment.		