Body Sculpt with Body Palp uses an innovative device to get amazing results in less time than a manual slimming massage and is combined with an expert range of professional and retail products. The treatment consists of choosing 3 areas of concern, alternating a Body Peel and a Body Wrap for cellulite and firming, followed by a massage using the Body Palp device.

£45 per treatment (Lasting 45 mins) *up to 3 troubled zones

See visible results after 3 treatments. Ideally a course of 6-12 Treatments.

Come for an assessment.



This treatment is natural. With no intervention it will help to achieve tone and definition. It works by creating a thermal shock to permanently remove the fat cells via a process called 'apoptosis'. The body naturally does this all the time. With Cryo we speed

this process to get immediate results.

Fat cell reduction is eliminated by the human body through the liver, the gastrointestinal tract and the lymphatic system in the next 14 to 20 days. Fat Freeze can only be done every 2 weeks. All other treatments are arranged by your consultant. Courses and costs are designed for your individual plans.

Can be done on all areas of the body.



Evie Clark

Creative Hair Design





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Important Dates

We have a Thalgo Day coming up on Wednesday 9th of June. As you know, spaces are already filling up as promotion days get very busy, make sure you book as soon as you can to avoid disappointment.

(Buy two Thalgo products and receive complimentary back massage or facial, otherwise £25 per treatment.)



Discover the Nutritional Products from Thalgo, perfect if you are starting a regime.

Coach Stomach and Waist - A targeted supplement that helps to significantly refine the waist.

Coach Light Legs - an innovated and effective solution to drain and improve circulation for tired, heavy legs.

Activ Refining Burner - helps to burn fat around the hips, waist and thighs to refine the figure.

Activ Refining Blocker - absorbs dietary fats and sugars after rich meals so they aren't absorbed or stored.

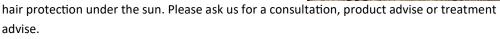
Coach Anti Orange Peel - to reduce the appearance of 'dimpled skin' (cellulite).

Active Draining - for anyone wishing to target the mechanisms involved in eliminating water and fat.

Menosvelt - an exclusive formula, specifically designed for women over 45 wishing to get back into shape.

PROTECT, REPAIR and BEAUTYIFY

During the summer, our hair is exposed more than usual to UV light, salt chlorinated water and mechanical aggressions. Whilst we will all be sure to top up with sun tan. lotion, sun care shouldn't stop at your skin. It's important to remember that our hair also needs protecting when exposed to the sun. Kérastase has designed Soleil to provide sublime



Thalgo , Guinot

We have been blessed with some blue skys, warm sun, flip flops, sunglasses and hopefully sun protection!



What a lovely time for the school holidays. With the

warm weather fastly approaching we really need to thinking about protecting both our skin and hair... It is so important to not only use sun protection when we hit high temperatures abroad but we should be protecting ourselves daily.

All Guinot and Thalgo contain triple protection against UV rays, ageing and dark spots, plus beautiful textures and fragrances. There is something for every skin type.

Guinot Hydradermie Sun

This unique and highly effective treatment uses gentle galvanic and high frequency therapy to deeply penetrate active skincare ingredients and aid in hydration of the epidermis. It prepares skin before sun exposure and repairs after. When skin has been exposed to the sun, it is dehydrated and signs of ageing appear, along with dry skin and loss of firmness.

Let's pamper and protect your skin.

Make sure you still apply your sun creams as usual even if you have had this facial.



