

Should we start thinking about those little black dresses. Lets start now!

The **Guinot Slimming Heating Effect Gel** is designed to enhance the appearance of cellulite and promote fat burning.



- The dimpled appearance of stubborn cellulite is attenuated.
- The skin looks firmer and smoother.
- The orange- peel aspect is diminished.



Slim Thermic + works with heat to break down fat deposits and promote toxin drainage.

Thanks to its highest concentration of plant-based caffeine, **Slim Thermic +** stimulates the breakdown and release of fat by triggering the lipolysis of triglycerides stored in adipocytes, helping to reduce the appearance of cellulite.

Receive a free 30 mil Jambes Legeres gel when purchasing slim thermic +

Relaxing "cold effect" treatment that decongests and relaxes legs and feet.



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GUINOT CROWN SALON

We are well and truly in the swing of autumn now!!

Clocks go back Sunday 26th October. Gaining an hour in bed, in time for half term 27th-31th October.

Cold weather is sneaking upon us very quickly.

There is few things you can do to look after your hair and scalp as this happens.

CARE FOR YOUR SCALP - a healthy scalp is vital for nurturing environment where your hair can flourish to its fullest potential.

Kérastase offers a range of specialized scalp treatments designed to address various scalp concerns, including irritation, dryness, and hair thinning.



**Kérastase Symbiose,
Anti-Dandruff Routine
For Dry, Sensitive Scalp**



**Kerastase Genesis
range strengthen
hair from root to tip,
improving scalp
health and reducing
breakage.**

Use hydrating products as **Kerastase Nutritive range**

The **Kérastase Nutritive range** is specifically designed for normal to dry or dry hair, offering a nourishing solution to restore hydration and softness.



The Magic Of Regular Trims: Keeping your hair cut regularly can prevent split ends and maintain overall health.

Get Professional Hair Treatments: Regular salon visits can help maintain hair health and prevent damage

Let's get you on a right path of looking after your skin if you haven't already.

Looking after your skin is important because skin is your body's largest organ and acts as a vital barrier protecting you from bacteria, infections, pollution and UV radiation. Maintaining a healthy skincare also helps prevent future skin problems like acne and premature aging, while also contributing to your overall confidence and well-being.

First get a professional consultation to assess your skin type and concerns, then start a consistent routine of cleansing, moisturizing, and sun protection, supplementing with salon treatments like facials to achieve your radiant skin goals.

A professional can analyse your skin and recommend personalized treatments and products .

Begin with a specific facial to give your skin a "deep cleanse" and boost its health.



Stay hydrated: Drink plenty of water to keep your skin healthy from the inside out.

Eat well: Consume a diet rich in vitamins and antioxidants, like berries, nuts, and healthy fats, for optimal skin health

Manage stress: Reduce stress levels, as they can negatively impact your skin.

