

Centre of Excellence
Hair Price List

S/S or B/W (Long hair extra)	From	£38.00	£40.00	£45.00
Comb ups	From	£22.00	£25.00	£30.00
Longhair dressing	From	£45.00	£50.00	£60.00
Bridal hair trial and treatment By quotation				
Trimming	From	£28.00	£30.00	£35.00
Wet cut	From	£32.00	£35.00	£40.00
Re-Style Cutting	From	£40.00	£50.00	£60.00
Kérastase rituals	From	£13.00 to £33.00		
Discipline	From	£15.00 to £40.00		
Hair loss treatment (ask for more details)	From	£25.00		

Expert Colouring and Chemical Treatments

Virgin head & colour correction By quotation

Semi-permanent colour (inclusive of blow wave)	From	£75.00	£85.00	£90.00
Re-growth tints (inclusive of blow wave)	From	£75.00	£85.00	£90.00
Flash & section colours	From	£15.00 to £40.00		
High lights & texturing (inclusive of blow wave)	From	£100	£110	£120
Front & crown	From	£75.00	£85.00	£90.00
Bleach and toner (inclusive of blow wave)	From	£100	£110	£120
Forme/Texture Perming (inclusive of blow wave)	From	£100	£110	£120
Crown section + root form (inclusive of blow wave)	From	£80.00	£90.00	£95.00
Gentleman cut and finish	From	£25.00	£28.00	£30.00
Gentleman Homme tones	From	£10 to £25.00		

Award Winning Centre of Excellence

“An Aladdin's cave , one stop shop with many things to excite you.”

Exquisite accessories beautiful cashmere, silk and wool pashminas hosiery, hand bags.

Designer gifts, silver jewellery, semi precious stones, toiletries and cosmetics by

Mavala, Guinot, Thalgo, St Tropez

GIFT VOUCHERS

Would you like to be on our mailing list ?

Also find us on Facebook & Instagram

24hr Cancellation Fee may be charged.

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Ernie Clark
Creative Hair Design
&
Beauty Spa



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Website: www.ernieclark.co.uk

Tuesday	9:00 — 6:00
Wednesday	9:00 — 6:00
Thursday	9:00 — 6:00
Friday	9:00 — 6:00
Saturday	8:00 — 4:00

Facebook: Ernie Clark Hair and Beauty Spa
Instagram: [ernieclarkhairbeauty](https://www.instagram.com/ernieclarkhairbeauty)

Our professional Beauty Therapist will help to prepare you for that special occasion.

Remember to ask for our Special Tailored Courses and Packages For men and women.

<u>Make-up</u>	
Make-up day or evening Wedding packages available	£32.00
St Tropez spray tanning	
St Tropez spray tan by our therapist	£20.00
Exfoliate only (inc shower)	£20.00

<u>Manicure /Pedicure</u>	
Manicure Classic	£35.00
Re-Varnish hands or feet	£18.00
Hand Mask/Paraffin Wax	£18.00
Deluxe Manicure mask and mittens	£45.00
Pedicure (Including exfoliation & massage)	£48.00

**Bio sculpture nail treatments
Protection for your natural nails**

Clear or Colour gel coat overlay on to the natural nail to strengthen & protect nails	£45.00 1hr
Soak off From	£5.00
Soak off and Re- varnish (File, Mas- sage, Paint)	£25.00
Gel Toes Pedicure and a colour gel of your choice.	£50.00 1½ hrs
Bio Sculpture extensions of your nail using a unique technique of just gel's	From £60.00 1 ¾ hrs
Repairs (per nail)	£4.00

<u>Foot peel</u> Softens and rejuvenates the feet. Removes dead skin and softens rough patches. An application of Longue Vie Pieds foot cream deeply regenerates damaged skin. 30 minute treatment £35 or add the treatment to your pedicure for £30.	30 min £35.00
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Eye brow shaping/wax	£15.00
Eye brow tint & shape	£20.00
Eye lash tinting	£20.00
Eye lash and brow tinting	£30.00
Lash Lift and Lash Tint Please ask for more information	£45
Lash Lift, Lash Tint and Eyebrow Tint	£50

Waxing

Full Leg	from	£35.00
Half Leg	from	£22.00
Bikini	from	£20.00
Brazilian/Hollywood	from	£30.00
Underarm	from	£15.00
Forearm	from	£20.00
Lip or chin		£12.00

Massage & Holistic Therapy

Full Body Massage	£60.00
Back & Neck Massage	£30.00
Indian Head Massage - (Head, neck, shoulders, arms and face)	£30.00
Pregnancy Pampering Please ask we will create a special package for you.	
Reflexology 1/2 hour	£35.00
All forms of Electrolysis, skin tags, red vein removal	From £20.00

<u>Hopi ear candle</u>	£30.00
The Wet Room All private facilities for showering sauna and steam when not included in treatments	
Sauna /Steam Cabinet	£18.00

Consultation for health reason needed



Guinot was the first to create skin care products containing 56 active biological ingredients fundamental to cellular life. In a hospital environment, these actives are able to create new skin in serious burn cases.

Guinot signature treatment Hydraderm Cellular Energy This treatment uses specific serums to treat the face, eyes, neck and décolleté and is tailored to your skins required needs. Anti Ageing & Pre Holiday.	1hr 15min	£85.00
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Hydraderm Cellular Energy Lift <i>The Advanced Complexion Lifting Treatment</i> This effective lifting treatment stimulates the facial muscles using a low frequency current which causes a toning action, stimulating the muscle fibres in the skin leaving firmer and a more youthful appearance to the complexion.	1hr 30min	£90.00
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Hydraderm Cellular Energy Lift Deluxe The deluxe anti ageing treatment combining both Hydraderm Age Logic and Hydradermie Cellular Energy Lift making this the ultimate treatment for rejuvenating and anti aging results.	1hr 45min	£125.00
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Eye Lift Treatment Hydra Summum Exclusive eye massage techniques. Muscle stimulation using micro currants. Visible lift, tone, aids drainage and boosts micro circulation. Intensive eye mask infused with active ingredients with more radiance and youthful appearance.	55min	£72.00
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Hydraclean (express facial) An heated electrode is passed over the face to help the penetration of serum. Fantastic deep cleansing express treatment suitable for all skin types.	45min	£40 00
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VAR treatment Exclusive treatment innovated by Doctor JDM . Skin is visibly younger in 30 minutes thanks to its expert protocol: Stimulation of epidermal regeneration by the Age Influx concentrate, smoothing of the skin by the	1h	£125.00
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Age Summum (Manual Facial) Using pure Vitamin C, Hyluronic Acid and Pro- Collagen to target signs of aging. Active ingredients are penetrated into the skin using an exclusive Age Summum anti-aging facial massage Fine lines and wrinkles are smoothed and the skins youthful radiance is restored.	1hr 15min	£85.00
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Hydra Summum (Manual Facial) Moisturizing Plumping manual Care Method At the end of the treatment, the skin is perfectly rehydrated and regains its comfort. Wrinkles and fine lines are smoothed. A most intense hydrating facial.	1hr 15min	£85.00
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Lift Summum (Manual Facial) A firming facial with instant results on all areas face, neck and décolleté. Involves a unique combination of lifting manoeuvres. A wrinkle eraser, instant definition and long lasting results. The collagen XVIII helps improve elasticity.	1hr 15min	£85.00
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Hydra Peeling (Manual Facial) A unique treatment with outstanding results after just one Treatment. This treatment is available in two different variations prescribed on the level of skin sensitivity. The treatment is suitable for all skin types and ages.	1hr	£80.00
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Detoxygene An exclusive treatment ideal for those exposed to atmospheric pollution, work in a confined working environment or who have a stressful and fast-paced lifestyle. Reoxygenating Massage to stimulate micro-circulation leaving skin fresh and perfectly clear. The much needed skin detox for these current times.	1hr	£80.00
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Serenity Hydra Summum In collaboration with MADE FOR LIFE Endorsed by SATCC Deeply relaxing treatment Using touch therapy technique Ideal for clients living with prolong stress and beyond cancer.	1h 15min	£85.00
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Equilibre Purete Deep cleansing Thermoclean heated electrode to rid the skin of impurities leaving your skin complexion clearer. Reduces excess sebum and rebalances the skin.	50min	£70.00
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Back Hydraderm (A great favourite with men) Decongesting, it improves texture of the skin gently easing the strain from tense muscles and hard to reach areas on the back.	1hr	£60.00
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Introducing Cryo 21

Harness the power of cold

Cryo 21 uses the well-known benefits of cold therapy to reduce fat cells as well as healing and renewing skin.

Cryo 21 lipolysis is designed to enable the fats to be attacked in a programmed and selected way. Its a precise determine temperature used through a flat metallic plate fitted to a handle.

Adipose tissue or fat is a term for loose connective tissue composed of adipocytes. Its role is to store energy in the form of fat and also cushions and insulates. This treatment will help to achieve tone and definition. It works by creating a thermal shock to permanently remove the fat cells via a process called apoptosis.

The tissue is massaged as the temperature of the tissue is reduced this acceleration of the bodies natural process digests the redundant cells by revitalising the lymphatic system and improves the vascular system.

From the first application, results are visible, measurable and long-lasting. This means it has commenced and stimulated the natural process and will continue days after the actual treatment.

The number of sessions will be dependent on the extent of the beauty problems.

We can treat almost any part of the body or face by passing a cold probe manually over the area. Fat cells are more sensitive to cold than surrounding area. When freezing the area it goes under a process called Apoptosis (cell death).

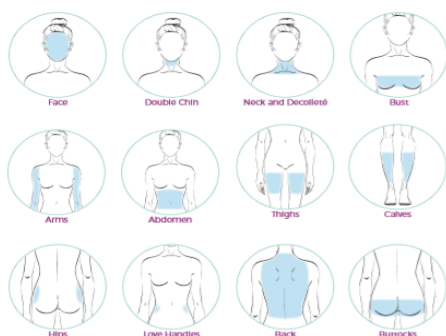
Cryo is FDA and CE approved, offering a safe and harmless non-invasive treatment.

Fat freezing can only be every 2 weeks

Courses and costs are arranged by you clinician

Cryo 21

Treating the Whole Body
from Head to Toe



NO SUCTION, NO PAIN, NO SKIN DAMAGE
NO NEED FOR SURGICAL PROCEDURE OR ANY INCISIONS
NO NEED FOR ANAESTHESIA
NO NEED FOR MEDICATION
NO NEED FOR HOSPITAL TREATMENT
NON-INVASIVE TECHNIQUE
The results are visible and measurable from the first application.

HOW DOES CRYO 21 FAT FREEZING WORK?
Cryo 21 equipment is a system of cryotherapy working at temperatures between 15C and -10C with a temperature reached at hypodermic level approximately of 9C.

Eric Clark
HAIR DESIGN & BEAUTY SPA

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Treatment areas

Body Treatments:

The abdomen for fat, cellulite and firming.

The buttocks for fat firming rejuvenation.

Thighs for fat cellulite, firming, soothing circulation and rejuvenation compacting reducing.

The calves for fat cellulite firming.

Ankles, fat and circulation. The back fat and firming.

Total body, lymphatic drainage and venous drainage.

Stretchmarks, contraction de-contracting legs anti-fatigue.

Pain relief sports, injuries.

Pre and post-surgery.

Venous and lymphatic treatment and Oedema reabsorption after trauma or surgery.

Facial treatments: Soothing, firming, anti-aging, balance skin spots, acne, sensitive areas (including eczema & psoriasis), lifting, eye bags and shadows. Treatment for alopecia and hair loss.

Treatment before, and after athletic workout to improve performance and endurance during intense activity.

1. Acute, Achilles tendinitis and nodules.
2. Chronic Achilles tendinitis
3. Acute and chronic epicondylitis
4. Muscle strain
5. Shoulder tendinitis
6. Neck, pain, and headache or neuralgia
7. Hip, tendinitis
8. Pain in base of foot Planter Fasciitis
9. Pre and Post surgery
10. Ankle and knee sprain & oedema and hematoma
- 11: Venous and lymphatic treatment, oedema, reabsorption after trauma or surgery
12. Before, and after athlete workout to improve performance and endurance during intense activity.

Prices for individual treatments

Lymphatic drainage and venous drainage this really boosts the system. **£100**

Fat, freezing dispersion.

Permanent removal of fat cells.

Abdomen, back, buttocks, hips, thighs. **£180**

Firming (toning), cellulite, stretchmarks leg anti-fatigue, compact reduction. **£80 4 + 1 free**

Arms(wings) (F.F) Calf (F.F.ankles(F.F.) circulation, broken capillaries around the ankles. **£80 4+1 free**

Facials: Double chin reduction, (F.F) soothing, firming, lifting Sebum balance skin spots, normal acne, sensitive areas. eye bags and shadows, lip moisturising hydrating. **£80**

Alopecia and hair enhancement-illness-age, related loss, etc. **£30**

Décolletage (upper part of ladies torso) This helps rejuvenation, smoothing pigmentation and collagen diffusion. **£80**

F.F =Fat Freeze treatments



Thalgo Charter Paraben, Mineral Oil and Propylene Glycol Free. No GMO (Genetically modified organisms) No animal by products (except bees wax)

Peeling Marine An intensive peeling, skin renewing treatment with acids from fermented micronized marine algae gives a instant new skin effect in 30min: smoothing, radiance, plumpness.	30min	£50.00
Hyalu- Procollagen Facial Anti wrinkle treatment. Instantly plums up skin, visibly smooths wrinkles, gradually fills in even set-in wrinkles within.	1 hour 15 min	£85.00
Silicium Super-Lift Facial Dare to defy time with this super lift facial designed to combat all the signs of ageing 40+ An expert anti-ageing massage lifts the features before a super-lifting mask is applied to fill deeper lines and lift and contour the face and neck. Your complexion will glow, lines will be less noticeable and your skin will be firmer.	1 hour 15 min	£90.00
Exceptional Facial An intensive facial using Thalgo’s exceptional, densifying range specifically designed for more mature skin. This fabulous facial combines a unique blend of natural cellulose masks and massage technique to treat moisture deficiency and tackle signs of ageing.	1 hour 30 min	£110.00
Heart of the Ocean Facial Concentrates the vital force and benefits of the oceans to help restore perfect skin quality, delivering intense and lasting hydration. A serum packed with active marine ingredients is applied with Thalgo’s Heart of the Ocean massage. This treatment is specifically designed for your personal needs. Suitable for all skin types.	1 hour (Including specialised mask) 30min Express	£85.00 £40.00
Luminere Radiance Facial This treatment brightens, treats and prevents the appearance of pigmentation marks and dark spots for a fresh and glowing complexion.	1 hour	£85.00
Spirulina Facial Detoxifying treatment to refresh the features, recover a fresh complexion and smooth the skin. Great for a dull skin that needs brightening also targets first signs of aging.	1 hour	£90.00
Electronic Massage Eye Mask. Relieves muscular tension, relaxes fine lines, reduces puffiness and dark circles. Can be combined with other treatments. Instant radiance after 1 treatment.	30 min	£40.00

Dietary Supplements

Working closely with the nutritional experts and university professors, the THALGO Laboratory has created THALGO LA SANTE MARINE- a range of innovative Nutricosmetics, rich in high-performance marine extracts and active ingredients. This range is designed to address basic and nutritional needs, while respecting the body's natural balance, for enhanced results.

Protection and Enhancement of Skin

Collagen 10 000- Wrinkle Correction
This concentrate features an exclusive formula that contains 500 mg of highly assimilable hydrolysed Marine Collagen, with clinically proven wrinkle reducing effectiveness. Combining Vitamin C with Selenium to aid in the protection of cells from oxidative stress.

To be taken 1 per day in the morning before breakfast with a glass of water.

Ocea Sun nCapsules- Sun protection and enhancement.
Provides the skin cells with the nutrients they need during sun exposure. The powerful complex of anti-oxidants- vitamin E, zinc and selenium create natural reserves of anti-oxidant nutrients that preserve the skin from the sun radiation. The combination of various natural carotenoid pigments, derived from algae and plants, helps give the skin a natural, intense and lasting tan.
Take 1 capsule a day for at least 3 weeks before sun exposure, during exposure and for one month after.



Body Sculpting Treatment (Fantastic Results) The first professional Slimming Treatment to attack 6 problematic zones using a patented innovation, Body Palp. We design the treatment to suit your body's needs. Results after 3 sessions. Ask for your assessment. 3 Zones each time.	45 Mins	£65.00
Hot Stones Relaxing Treatment Using volcanic stones, this unique technique treatment relaxes the body and mind. We can treat the face and the body also includes massage techniques.	1hr 15min	£90.00
Thalgo Micronized Marine Algae Wrap A wonderful natural treatment, rich in minerals, vitamins and trace elements. Helps relieve muscular fatigue, sluggish circulation increasing metabolism detoxification. Overall silhouette refining and de-toxifying.	1hr 30min	£85.00
Pacifique Body Ritual Let your body unwind! A full body exfoliation followed by a professional massage using techniques from the Polynesian Islands and warm tuiponos, finishing with a Shimmering Sacred Oil. An intensely relaxing treatment.	1 hr 30 min	£100.00
Mer Des Indes Ritual Unwind a sensory journey, inspired by Ayurveda and the science of Marmas. Tensions connected to the stress of life.	1 hr 30min	£100.00

French Riviera A relaxing , luxurious spa ritual. Personalised spa ritual that can include invigorating body scrub, detoxifying and remineralising wrap, spa massage, heated pebbles. All depends on your needs.	From 1h30 min - 2h	From £100-£180
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Dietary Supplements

Weight loss and physique

L'oceane
Overexertion, lack of vitality and loss of energy during a diet can all be the result of a body imbalance. L’oceane 100% natural marine plasma, provides the body with all the vital energy of the sea.
1-2 vials per day

Activ Detox
Formulated with natural derived active ingredients to restore well-being and lightness. Fennel and artichoke extracts to promote detoxification of the body as well as brown alga to promote weight loss.
Take 1 vial a day.

Activ Draining
Combining three plant extracts plant extracts known to promote drainage and eliminate- thus helping to refine the figure.
Take one or two caps daily.

Active Refining Burner
Proven effectiveness after 30 days on different factors related to slimming: weight and waist, hip and thigh measurements. Targeted provision of nutrients: caffeine , iodine, zinc and Vitamin B6.
Take 1 capsule midday and evening.

Activ Refining Blocker
Aimed at anyone who desired extra help to lose weight and manage it. It is a nutricosmetic with immediate action, combining NeOpuntia- a clinically tested active ingredient that absorbs dietary fats and sugars so they aren’t absorbed or stored by the body.
Take three tablets a day.

Coach Anti-Orange Peel Effect
High performance solution to improve the appearance of cellulite, to leave skin feeling smooth. Targeted provision of nutrients Vitamin A and Zinc.
Take 1 single dose a day.

